

The Home Supplement Creator's "Little Black Book"

Below is a current list of the best ingredient suppliers located to provide good quality, low-cost effective supplement supplies. These links are current as of the time of this writing but may change at any time without our knowledge.

If you find that any link is no longer active or even if you have located a **BETTER** resource for any of the supplements below, please send us word at <http://cqcentl.helpserve.com/index.php>

* * Special Preferred Supplier Notice * *

All of you overseas "mad scientists" (like in the UK and Australia) may have a hard time finding cost-effective suppliers either locally or by mail order. Not a problem...

I've developed a relationship with a small, but **EXTREMELY** valuable "ingredient supplier" called "Pure Bulk Nutrition" (listed as www.purebulk.com in the lists on these pages) and worked out a special deal with the owner, Timothy...

First...Timothy has some of the **BEST** pices in the world on supplement ingredients and the quality is **TOP NOTCH** (he's a real **GENIUS** when it comes to supplements)!

He's **ALSO** a genius at finding ways to ship supplements **WORLDWIDE** at bargain prices and he knows a **LOT** about what's legal in your country and what isn't (**VERY** important!). This will **ABSOLUTELY** make ordering bulk supplements from **ANYWHERE** in the world worth your time and energy...guaranteed!

Plus, one more thing...

If you contact Timothy, either from their website or by phone, and give him the code "**musclenerd**" (you can simply type it into the Coupon Code box on his website's checkout page), he'll give you an extra 5% off your entire order just because you're a friend of mine!

(No...I don't get a single penny for recommending Timothy's service ;-) Just an extremely valuable tip to

Well, enjoy your journey into the world of "supplement manufacturing"!

Here's your list of potential suppliers to get you started...

Supplement	Supplier's Website
7-KETO DHEA	www.1fast400.com
Alpha Lipoic Acid	www.purebulk.com www.bulknutrition.com
Acetyl-L-Carnitine	www.purebulk.com
BCAA (l-leucine, l-isoleucine, l-valine)	www.customnutritionwarehouse.com
Beta Ecdysterone	www.nutrimart.com www.bodybuilding.com www.affordablesupplements.com
Bioperine (Black Pepper Extract)	www.nutritiongeeks.com
Caffeine	www.nutrabulk.com www.bulknutrition.com
Caffeine Anhydrous	www.allthewhey.com www.bodybuilding.com
Calcium Citrate	www.allthewhey.com
Casein Protein (Powdered Milk)	www.bulkfoods.com www.store.honeyvillegrain.com
Citrulline Malate	www.purebulk.com www.1fast400.com
Conjugated Linoleic Acid	www.nutrabulk.com www.bulknutrition.com

Supplement	Supplier's Website
Creatine Ethyl Ester	www.purebulk.com www.bulknutrition.com
Creatine Monohydrate	www.mvitanet.com www.bodybuilding.com
Cystoseira Canariensis (Brown Algae Extract)	www.bodybuilding.com www.doctorstrust.com
Dextrose	www.bulkfoods.com www.allstarhealth.com
Egg Whites (Powder)	www.store.honeyvillegrain.com
Fish Oil	www.nutrabulk.com www.bulknutrition.com
Flax Meal	www.bulknutrition.com www.netrition.com
Flax Oil	www.vitacost.com
Fructose (Fruit Sugar)	www.bulkfoods.com www.store.honeyvillegrain.com
Gamma Aminobutyric Acid (GABA)	www.1fast400.com www.purebulk.com
Glutamine	www.allthewhey.com
Glutamine AKG	www.bulknutrition.com
Grape Seed Extract	www.purebulk.com
Green Tea Extract	www.luckyvitamin.com www.bulknutrition.com www.bodybuilding.com
Guggulsterones (Guggul Extract)	www.vitacost.com www.tatvasherbs.com
Hydrolyzed Callogen	www.luckyvitamin.com www.nutritionexpress.com www.lps1530.com www.allstarhealth.com
L-Arginine	www.nutrabulk.com www.allstarhealth.com
L-Arginine Alpha-Ketoglutarate (AAKG)	www.purebulk.com www.bulknutrition.com
L-Arginine Hydrochloride (AHCL)	www.purebulk.com
L-Carnosine	www.bulknutrition.com
L-Glycine	www.bodybuilding.com www.ihealthtree.com www.lef.org
Liquid Amino Acid	www.nutritionexpress.com www.lps1530.com
L-Leucine Powder	www.bulknutrition.com www.nutritionstand.com

Supplement	Supplier's Website
L-Ornithine Alpha-Ketoglutarate (OAKG)	www.purebulk.com
L-Arginine Hydrochloride (AHCL)	www.purebulk.com
L-Tyrosine	www.bulknutrition.com www.nutrabulk.com
Maca	www.therootofthematter.ca www.federalabs.com www.rain-tree.com
Maltodextrin	www.bulkfoods.com www.store.honeyvillegrain.com
MCT Oil	www.bulknutrition.com www.bodybuilding.com
Multi-Vitamin/Mineral	www.bulknutrition.com www.bodybuilding.com
NAT N-Acetyl L-Tyrosine	www.purebulk.com www.bulknutrition.com
Potassium Bicarbonate	www.ebav.com www.annapolishomebrew.com
Pycnogenol	www.organicpharmacy.org
Rhodiola Rosea	www.botanical.com
Sodium Bicarbonate (Baking Soda)	Any Local Grocery Store
Taurine	www.bulknutrition.com
Tongkat Ali (Longjack)	www.therootofthematter.ca www.federalabs.com
Tribulus Terrestris	www.purebulk.com www.herbalremedies.com
Whey Protein Concentrate	www.bulkfoods.com www.allthewhey.com
Whey Protein Hydrolysate	www.allthewhey.com www.trueprotein.com
Whey Protein Isolate	www.bulkfoods.com www.allthewhey.com
Yohimbine HCL	www.bodybuilding.com www.federalabs.com www.bulknutrition.com